The word of the week is

 Thrifty

 **It means:** using money and other resources carefully and not wastefully

**Used in a sentence:**

The thrifty school teacher retired with millions in the bank.

It pays to be thrifty.

Don’t waste your money, be thrifty by finding bargains and sales.

The thrifty man saved hundreds of dollars a year by couponing.

She calls him cheap, but being thrifty is smart and he will still have money when she is broke.