**Planned Teaching**

**Boys Town Social Skill Lesson Plan**

***Accepting "no" for an Answer***

**Introduce Skill Why do people sometimes need to say "no" to your requests?**

What? Explain what we mean by "accepting 'no' for an answer."

When? Tell a time when you were told "no". What did you do?

Who? Who says "no" to you? How did you feel?

**Describe Skill Steps**

1. Look at the person.

2. Say "Okay."

3. Stay calm.

4. If you disagree, ask later.

Rationale / Benefit / Consequence

If a student accepts the answer "no" in a mature fashion, an authority

figure will most likely remember and be more willing to let

her do something when they feel the time is right.

Day 1:

A. Make a list of authorities who can make yes and no decisions,

such as a parent, a teacher, or a baby-sitter.

B. Talk about what makes "no" so hard to accept sometimes.

C. Discuss some of the consequences of going against a "no"

decision from an authority.

D. List five situations when the student said no and give the reason

why (I.e. Why can't her younger brother borrow her CD?)

E. Introduce the proper way to accept no.

F. Discuss the rationale for accepting no.

Day 2:

A. Review the steps and rationale.

B. Have small groups select one of the following role playing scenarios.

1. (Home) You've asked if you could go see a movie with

a friend and your parents say "No." Demonstrate a correct response

to that decision.

(School) You ask for an extension of time to complete

your English paper and your teacher says "No." Show acceptance

of that decision.

(Community) You ask if you can return a pair of pants

you bought on sale. The clerk says, "No returns on sale items."

Discuss how you would react to that decision.

2. In small groups role play Script A "Accepting No" found on

following pages. Discuss the skill steps that were followed.

3. Role play Script B found on following pages. This role play doesn't

end with the student "Accepting No" correctly. After the script

has been read, divide the students into groups to create a

proper ending. Share these with the class.

C. Complete the skill sheet found on the following pages. Then

discuss the answers as a group.

D. Use Effective Praise throughout the school year to

reinforce the skill.

Attention Exploratory Teachers

Possible ideas for involvement during this skill week. Remember

to use Effective Praise when able.

1. Health/Per. Skills/Spk. And Listening - Have the students write

and perform situations that would occur at home that

would demonstrate the proper way to "Accepting No."

The students could be the ones to say "no" or to accept "no."

2. Computers and Art - Create a poster around the concept

of "Accepting No." This could demonstrate a student accepting

no in different situations, a top ten list of why he should accept

no from an authority figure, or a message on this theme.