The word of the week is

 **AUTHENTIC**

**It means:** genuine, real, true

**Used in a sentence:**

If you are your own authentic self you will have no competition.

I intend to live an authentic life of compassion and integrity.

The authentic self is the soul made visible.

Heroes are never perfect, but they are brave, authentic and determined.

Being authentic eliminates the need for external approval for feeling good about yourself.

Be fearlessly authentic, people pleasing hides the real you.